

Alternative Academic Qualification (AAQ)
Health & Social Care



Introduction to Sixth Form

Name: _____

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What will I be studying?

Health and social care is a subject that has many topic areas and is a good foundation subject for a wide range of careers.

In general, it's about people, their health, individual circumstances and what affect individuals.

Your learning will explore what healthcare and social care service there are and how different job roles support people to meet their individual needs.

First year of study

Two supervised assignments called PSAB (Pearson Set Assignment Brief). Unit 3 and Unit 5.

Your teacher will deliver the course content using a wide range of teaching methods.

You will have a booklet which you will be using in lessons and, a completed booklet at the end of the unit for PSAB practice. You can monitor your own learning through tick off the content as you go along .

Second year of study

Two exam assessed units – Unit 1 Human Lifespan and Development & Unit 2 Human Biology and health.

Assessed in Summer 2028

You may be considering a career which requires a university degree and are thinking about UCAS points for the AAQ Extended Certificate.

Certificate	
Grade	UCAS points
D*	28
D	24
M	16
P	8

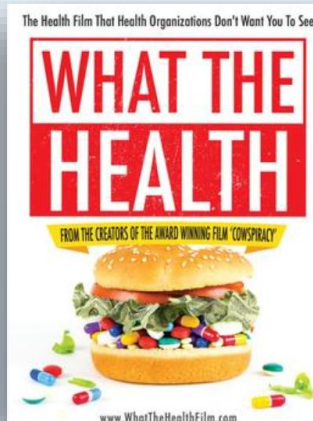
Ext. Certificate	
Grade	UCAS points
D*	56
D	48
M	32
P	16

NETFLIX

Babies



What the Health



Louis Theroux:
Extreme love,
Dementia



Five Feet Apart



Brain on Fire



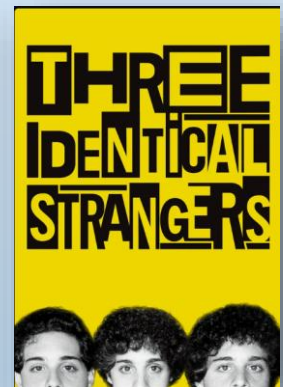
Theory of
Everything



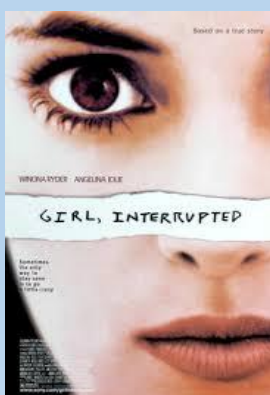
Humans;
Body Systems



Three identical
strangers



Girl, interrupted



Call the Midwife



13 Reasons Why



The Game
Changer (2018)



Recommended Watching for Health & Social

Not NETFLIX

Rhod Gilbert's Work Experience



Katie Price; Harvey and Me



Inside our Minds



Stacey Dooley 9-5 Care Home



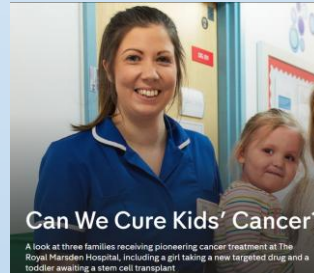
24 hours in A&E



Born to be different



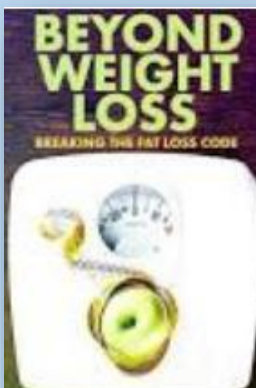
The Royal Marsden



Losing it: Our mental health



Beyond weight loss



The Upside



ALLELUJAH



Miss you Already



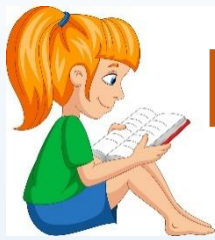
No Netflix paid account

Resources > <https://www.tes.com/teaching-resources/shop/HSCresources>

BBC iPlayer

All 4

Amazon Prime



Dive into a book

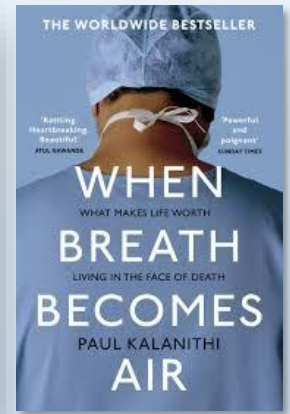
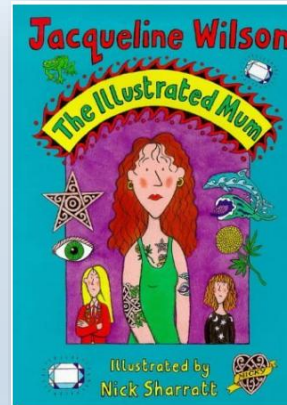
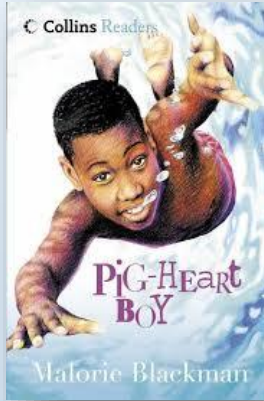


Pig Heart Boy by Malorie Blackman

The Illustrated Mum Jacqueline Wilson

This is Going to Hurt by Adam Kay

When Breathe becomes Air by Paul Kalanithi

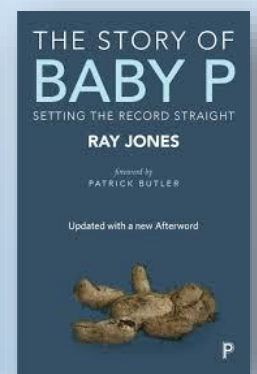
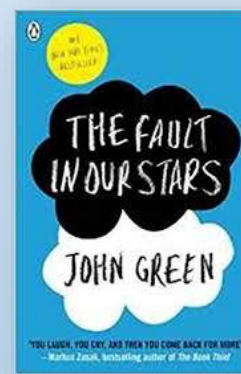
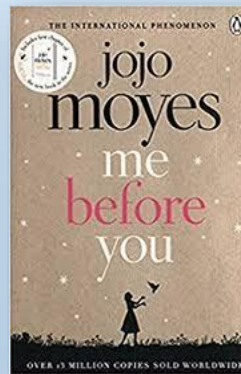


The Hate U Give by Angie Thomas

Me Before you by Jojo Moyes

The Fault in Our Stars by John Green

The Story of Baby P by Ray James

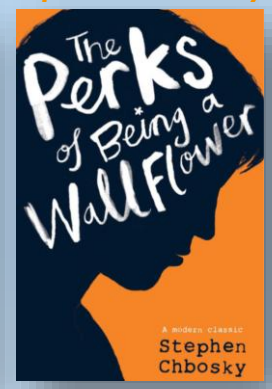
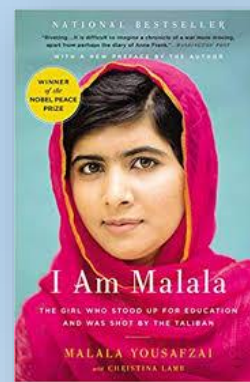
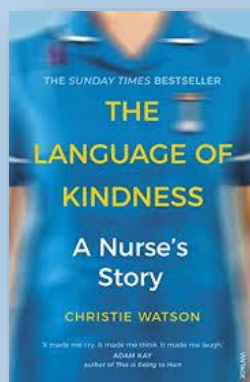


Katie Price; Harvey

The Language of Kindness by Christie Watson

I am Malala by Malala Yousafzai

The Perks of Being a Wallflower Stephen Chbosky



Recommended Reading for Health & Social Care
Yes, some of these are also films, if you prefer!

Further Reading

Health and Social Care in the Media



It is important to have a **broad understanding** of health care and social issues which affect services and professionals working for the NHS. One way of raising your awareness is to **prepare you before your course** starts with summer learning using different forms of media.

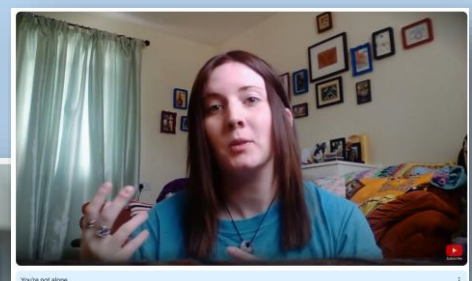
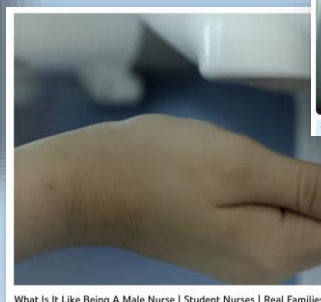
Your task is to pick... a **film/ documentary** to watch, **or** a **book to read**.

It does not have to be from the list on the previous pages.

You are then tasked with writing a report (summary) which is to be a minimum of half an A4 page with the following title: **'Discuss the issues [in the film/book or documentary]**

Then, there is space on page 9 to record anymore films/ documentaries you watch or read using examples on the previous slides. Consider the following:

- What issues, if any, are being raised in the stimulus? E.g. dementia
- How does the stimulus present health? E.g. care for people with dementia
- Explain why the topic of the media source is relevant to your learning and whether you think it is helpful and why?



‘Discuss the issues in.....

Learning Log

Record here any additional reading/viewing you are undertaking in order to show what you have been completing in order to prepare you for the course. Use the reading list on the previous slides you have been given for guidance on what you could you watch/read/research

Date	Title	Summary of content

GLOSSARY

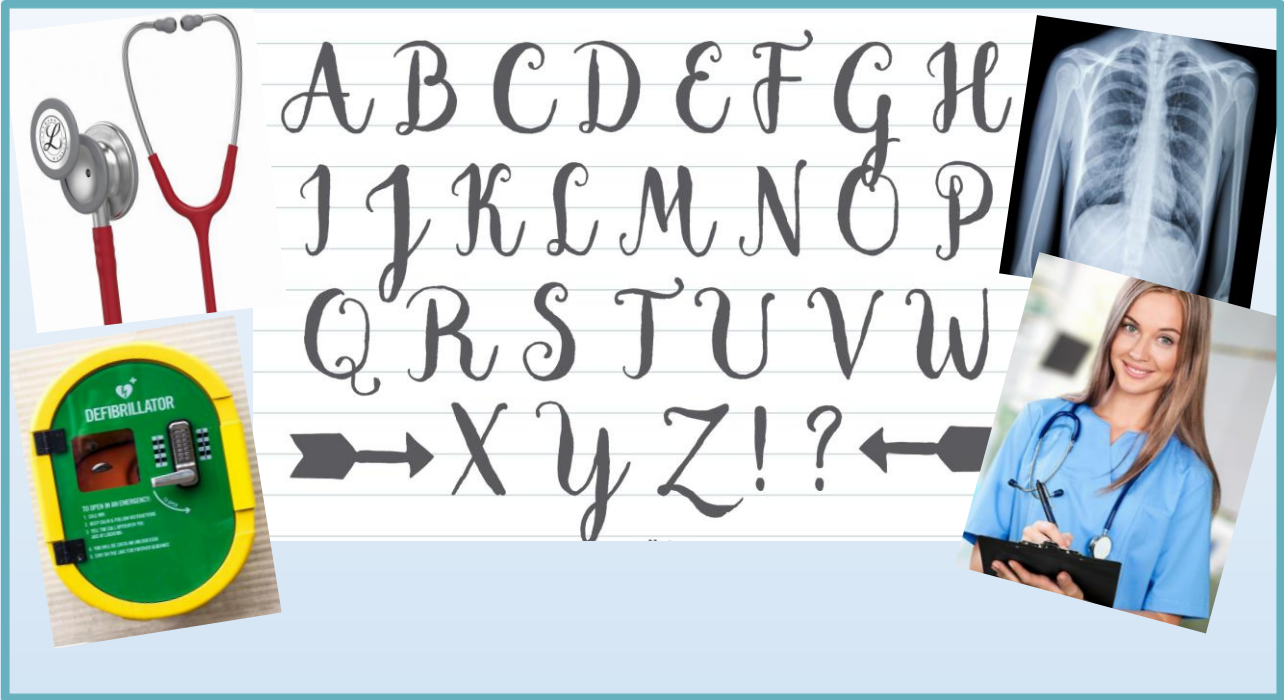
Task: Research and define the following words which are words you will need to use correctly. Then, end column summarise the term visually to help you remember it.

Term	Definition	Pic/image/draw
Adolescence		
Advocate		
Attachment		
Care package		
Safeguarding		
Discrimination		
Diversity		
Empathy		
Ethical		

GLOSSARY

Term	Definition	Pic/image/draw
Person-centred care		
Care values		
Holistic Approach		
Multi-disciplinary team		
Physiology		
Health and care legislation		
Risk Assessment		
Meeting people's needs		
Self-Esteem		

Research a list of Health and Social Care jobs/ medical terms for each letter of the alphabet



A
B
C
D
E
F
G
H
I
J
K
L
M

N
O
P
Q
R
S
T
U
V
W
X
Y
Z

An information leaflet task

Choose one of the below

Research the government recommendations for ONE below lifestyle factors and produce an educational information leaflet (overview of the issue, treatment, management, self-care etc)

- Alcohol units
- Exercise
- Hydration
- Nutritional diet
- Sleep
- Smoking
- Prescription and illegal drugs

Research ONE of the different techniques below to manage stress, worries and anxieties and produce an educational leaflet;

- Grounding
- Breathing exercises
- Me time and saying no
- Meditation
- Avoid unhealthy habits

On 'The front line'

- What does it mean when people talk about being 'on the front line'?
- What does it mean when people talk about multidisciplinary teamwork?

Job Role	Definition	Roles and Responsibilities
District Nurse		
Auxiliary Nurse		
Palliative Care		
Phlebotomist		
Domiciliary Carer		
Neonatal nurse		



True or False?

Colour code the statements in order to show if they are true or false.

☐ True

☐ False

A district nurse will only work with the elderly.

A palliative care nurse will get involved with everyone who gets coronavirus.

A midwife works with babies and children up to 5 years

Domiciliary carers provide care in the home.

Only phlebotomists are allowed to take blood.

Auxiliary nurses help support other nurses to do their roles.

Passport to Sixth Form

Check list

Use this list to make sure you have everything you need to hand in in September in order to start your AAQ Health & Social Care course.

☐

Report/review on your chosen film, documentary and book in the media, page 7.

☐

Complete at least a minimum of 5 sections of the learning log, page 9.

☐

Completed glossary of key terms, page 10-11.

☐

Filled in A-Z of Health and Social Care, page 12.

☐

Information leaflet

☐

Job role research from page 14

☐

Overview of job roles, page 15

☐

Pen case with pens, high lighters, pencil and rubber.

☐

A positive attitude, a lovely smile and be ready to be yourself 😊