

Curriculum Map – Medium Term Overviews – Year 10

YEAR 10 — MEDIUM-TERM OVERVIEW			
Half term	Topic	Lesson Breakdown	In this unit of work, students learn...
Autumn 1 Relationships	Mental health Mental health and ill health, stigma, safeguarding health, including during periods of transition or change	KS4 Transition	- about relationship values and the role of pleasure in relationships - about myths, assumptions, misconceptions and social norms about sex, gender and relationships - about the opportunities and risks of forming and conducting relationships online - how to manage the impact of the media and pornography on sexual attitudes, expectations and behaviours about the ethical and legal implications in relation to consent, including manipulation, coercion, and capacity to consent - how to recognise and respond to pressure, coercion and exploitation, including reporting and accessing support - how to recognise and challenge victim blaming - about asexuality, abstinence and celibacy
		Mental Health and Emotional well-being	
		Signs of emotional or mental ill health	
		Challenging stereotypes and misinformation relation to mental-ill health	
		Strategies – individual and friends	
		Growth Mindset	
Spring 1 Health & wellbeing	Exploring influence The influence and impact of drugs, gangs, role models and the media	Taking Risks	- how to risk can be positive and negative - Reasons for substance use - Substance impact on physical and mental health - What are the Gambling risks? - the draw of gambling - What is a gang, the reasons people join and risks? - Impact of crime of individuals and society
		Alcohol	
		Drugs	
		Impulsivity & Gambling	
		Gang culture	
		The law	
Autumn 2 Living in the wider world	Life Skills Effective Revision Techniques How to respond to feedback Managing time	Revision Technique Reflection	- How to prepare effectively for exam - How to be prepared for school and life beyond each day - What relaxation methods can be used to assist with stress relief - Who to seek help and assurances from during stressful periods of school life and beyond - How to deal with pressure from friends and society - What the impact is of alcohol and drug abuse on the body, both short and long term - What the impact of alcohol and drug abuse is in society
		Getting the most out of the year ahead – linked to feedback	
		Revision in Practice	
		Managing expectations and setting goals	
		Pressures for teenagers	
		Drugs	
		Alcohol	
		Gang culture	
		Case studies	
Spring 2 Health & wellbeing	Healthy relationships Relationships and sex expectations, myths, pleasure and challenges, including the impact of the media and pornography	Relationship values	- About consent, and how to seek and assertively communicate consent - Understanding the impact of and misconceptions adopted from online sources i.e. pornography - how to stay safe in online dating - how to recognise exploitative relationships and where to seek support - ending relationships in a respectful and safe way. Coping emotions
		Challenging myths	
		Exploitative relationships	
		Online Dating	
		Managing the end of relationships	
		Impact of media	
Summer 1 Living in the wider world	Career portfolio Developing yourself through careers, employability and enterprise education	Recognise the qualities and skills you have demonstrated both in and out of school that will help to make you employable – links to skillsbuilder and UNIFROG log - recognise when you are using qualities and skills that entrepreneurs demonstrate.	- Pupils learn what is important to them re: career plans - Pupils really focus on developing a career plan and develop a digital individualised career/Community award plan/log - how to effectively budget and evaluate savings options - how to prevent and manage debt, including understanding credit rating and pay day lending - how data is generated, collected and shared, and the influence of targeted advertising - how thinking errors, e.g. gambler's fallacy, can increase susceptibility to gambling - strategies for managing influences related to gambling, including online - about the relationship between gambling and debt - about the law and illegal financial activities, including fraud and cybercrime - how to manage risk in relation to financial activities
		Labour Market information – know how to use this to help make realistic career decisions	
		Know the importance of digital career profiles and hone in developing and refining profile created in key stage 3. Discuss and know the skills involved in managing your own career	
		Challenge stereotypes t work	
		Show that you can manage financial issues related to your education, training and employment choices including knowing how to access sources of financial support that may be open to you	
		Know structure of business organisations and models	

Summer 2 Relationships	Addressing extremism and radicalisation Community cohesion and challenging extremism	Community (BV)	• about communities, inclusion, respect and belonging • about the Equality Act, diversity and values • about how social media may distort, mis-represent or target information in order to influence beliefs and opinions • how to manage conflicting views and misleading information • how to safely challenge discrimination, including online • how to recognise and respond to extremism and radicalisation
		Diversity in Society and the Law (BV)	
		Challenging and preventing discrimination	
		The nature of extremism and radicalisation	
		Effects of extremism on the community	
		Recognising and responding (different levels of response)	