



RUSHCLIFFE
SPENCER ACADEMY

REDUCING inappropriate behaviours



Teacher notes:

This Half term block is based upon Unhealthy Relationships, break-ups and communication.
Might be beneficial to watch the videos first.

<u>Video/IT needed</u>	<u>Books/resources</u>	<u>Sensitive Info</u>	<u>Anything else helpful</u>
			
All videos have links in the notes	Books from the beginning. Resource needs printing for session 1	Harassment and stalking.	If you have any concerns about your students' responses, please raise them with our safeguarding lead in line with our school's procedures



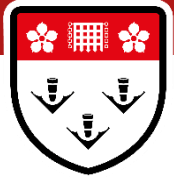
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DO NOW

In your book, write down how far you agree / disagree with this statement

People play hard to get, so it's important not to give up at the first 'no'. It's expected you'll keep asking to show you really like someone.

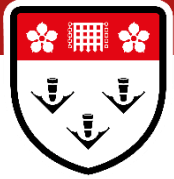
What would you do if someone said this to you?



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Learning outcomes

- Recognise when romantic attention is unwanted or unacceptable, including online
- Explain how perpetrators and their peers can safely address potential perpetrator behaviours



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Timeline activity

GROUP A: Cerys

Annotate her timeline to highlight how she could have stopped her behaviour escalating.

GROUP B: Roe

Annotate her timeline with comments on how she could have reduced risks to Li.



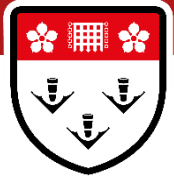


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Session 2





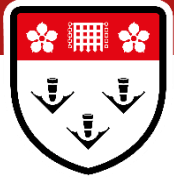
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DO NOW – Identifying Interests



What situations, dialogue, non-verbal cues might show that someone's attention might be welcoming or NOT welcoming?

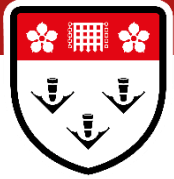
E.g. Smiling, Flirting etc.
Walking away, blocking someone



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Barriers for seeking help

- You have 6 barriers for seeking help in front of you. In small groups, read through them and answer the following:
- Identify the barrier to early help-seeking.
- Explain why any assumptions are unhelpful and provide advice to challenge the assumption.

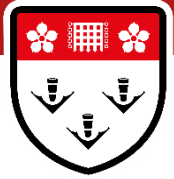


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Barriers to help seeking



1. People might delay seeking help as they are worried about being seen to over-react, or about getting people into trouble unnecessarily.
2. Someone who shames their partner deserves to be made to feel scared and uncomfortable.
3. Inappropriate behaviour is to be expected if someone's upset.



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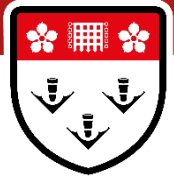
Barriers to help seeking

4. It can be hard to judge if someone's interested or not, so it's worth trying a few times so people don't miss out on something great.

5. It might just be a coincidence when someone keeps bumping into a person, particularly in a small community.

6. The police don't take stalking seriously so there's no point contacting them.





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Police changes

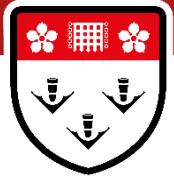
Sometimes news stories can create concerns that reporting to police is not helpful.

Alice Ruggles was killed by an ex-partner who had been stalking her for a number of months.

Alice took time to seek help as she did not initially recognise the risks she faced. When she did contact the police, the procedures at the time meant she did not get the protection she needed.



Everyone at Rushcliffe will be given the chance to shine brightly



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Police changes

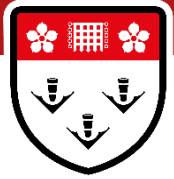
Campaigners have tried to reduce the risk of similar tragedies occurring.

Many police forces have worked hard to change how they deal with stalking and harassment, including updating training for front-line officers.

New laws like the Stalking Protection Act 2019 also provide better protection for people experiencing stalking.



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At school - tutors, school nurse,
counsellor

Police - 999 or 101

National Stalking Helpline - 0808 802
0300 & email support and online tools
www.stalkinghelpline.org

The Mix - [crime and safety section](#)

**Sources
of
support**



Everyone at Rushcliffe will be given the chance to speak rightly

- Call the police
- Seek support
- Tell trusted people
- Be cyber secure:
 - change passwords
 - check privacy settings
 - scan for spyware
 - visit getsafeonline.org
- Avoid contact
- Vary routines
- Record all contact

IF being stalked

